



EMMANUEL
CHURCH
God is with us

ENCOURAGING
PRAYER



ST THOMAS
CHURCH

My Lord and my God

THE LORD'S PRAYER

OUR FATHER in heaven,
hallowed be YOUR name,
YOUR kingdom come,
YOUR will be done,
on earth as in heaven.

GIVE us today our daily bread.

FORGIVE us our sins
as we forgive those who sin against us.

LEAD us not into temptation
but deliver us from evil.

FOR the kingdom, the power,
and the glory are yours
now and for ever.

Amen

Continue steadfastly in prayer, being watchful in it with thanksgiving

Colossians 4:2

We all need a space for quiet contemplation and prayer. This booklet shows you where you can find a place and a time to share with God in Saltburn and New Marske. It gives you a simple structure for personal and community prayer and a few resources to help you on the way.

DAILY BIBLE READING PLANS

[https://www.biblesociety.org.uk/
explore-the-bible/daily-reflection/](https://www.biblesociety.org.uk/explore-the-bible/daily-reflection/)



<https://www.biblica.com/resources/reading-plans/>



ST THOMAS' CHURCH New Marske

SUNDAY

Communion Service at 9.00 am

Opportunity for prayer before and after service

TUESDAY

Morning Prayer at 8.15 am in church

Church open for prayer 10.00 am–12 noon

Prayer Group (2nd Tuesday) led by the Mothers' Union;
open to all at 7.00 pm in the church

WEDNESDAY

Morning Prayer at 8.15 am in church

THURSDAY

Morning Prayer at 8.15 am in church

Communion Service at 9.15 am in church

Other opportunities at both Saltburn and New Marske:

Home Groups

Thy Kingdom Come (between Ascension Day and Pentecost)

EMMANUEL CHURCH Saltburn

SUNDAY

Communion Service at 9.00 am

Morning Worship at 10.45 am

Opportunity for prayer before and after services

Open Church 1 pm–4 pm

MONDAY

Compline at 8.00 pm in church

TUESDAY

Morning Prayer at 9.00 am in ECHO

Communion Service at 9.30 am in church

WEDNESDAY

Morning Prayer at 9.00 am in ECHO

Lunchtime Prayer at 'Doorways' 12.00 noon

THURSDAY

Morning Prayer at 9.00 am in ECHO

FRIDAY

Morning Prayer at 9.00 am in ECHO

SATURDAY

Prayerways (1st Sat) 10.00am–12 noon at Sainsbury's

Open Church 10 am–4 pm

PRAYER during the day

The PREPARATION

O God, make speed to save us.

O Lord, make haste to help us.

My heart tells of your word, 'Seek my face.'

Your face, Lord, will I seek.

The WORD of God

A psalm, and one or more Bible readings

The RESPONSE

Respond to the readings with

silence, discussion, music, or song

The PRAYERS

Prayers of Intercession, a Collect and the Lord's Prayer

The CONCLUSION

The Lord bless us,

and preserve us from all evil,

and keep us in eternal life.

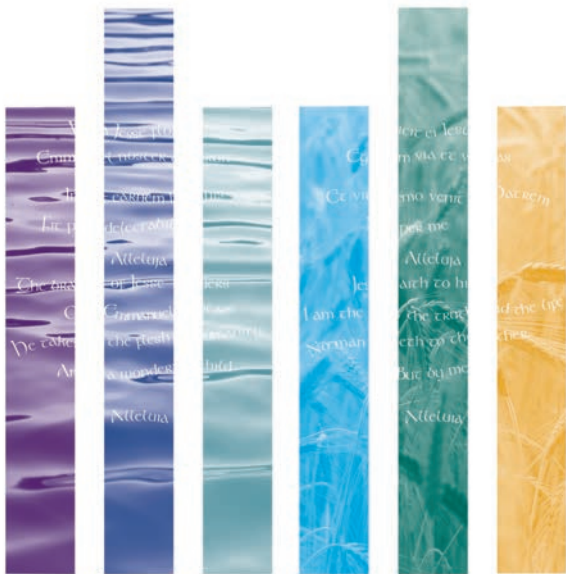
Amen.

PRAYER OF ST BENEDICT

GRACIOUS and Holy Father,
give us the wisdom to discover You,
intelligence to understand You,
diligence to seek You,
patience to wait for You,
eyes to behold You,
a heart to meditate upon You,
and a life to proclaim You,
through the power of the
SPIRIT OF JESUS CHRIST, OUR LORD. Amen.

PRAYER OF ST RICHARD OF CHICHESTER

Thanks be to You, our Lord Jesus Christ,
for all the benefits which You have given us,
for all the pains and insults
which You have borne for us.
Most merciful Redeemer, Friend and Brother,
may we know You more clearly,
love You more dearly,
and follow You more nearly,
day by day. Amen.



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